



A project of

REALE SOCIETÀ GINNASTICA  
di Torino

**FLIC CIRCUS SCHOOL**  
F.E.D.E.C. full member  
**Contemporary Circus Artist Training Program**  
**AUDITION 2018 || 10th - 11th - 12th - 13th July**



***Je atans mo: anstre***

*The motto is old, the ideas bold. Since 1848, the ideal has always been the same, to reach for their star, their dreams. From the first gymnasts to acrobatic jumps of those who still rush to reach their star with passion and imagination, the heart is always the same. The "valuable work for youth" at the end of the 1800s is vivid and fuels the fire of the young artists from all over the world who come to our school and carry out this ideal, like an unbreakable thread that binds past, present and future.*

## **FLIC Circus School of Turin**

**Director:** Matteo Lo Prete

**Artistic Director:** Francesco Sgrò

**Artistic Advisor:** Roberto Magro

Flic Circus School is a project of the Reale Società Ginnastica di Torino and the two realities are elements of a unique formative, artistic and cultural thought in which the continuous and spontaneous exchange creates a wealth of results out of the ordinary. Founded in 2002, FLIC Circus School is a landmark in the Italian and European contemporary circus from the academic point of view but also artistically and culturally; recognized on a European level by FEDEC (European Federation of Professional Circus Schools), it is a founding member of A.C.C.I. (Italian Contemporary Circus Association) and of the FISAC (Italian Federation of Circus Schools), supported by the Ministry of Heritage and Culture and Tourism, the Region of Piedmont and the patronage of the Province and the City of Turin.

In 2015 the school achieved an important recognition by the Ministry of Heritage and Culture and Tourism: thanks to the "Prospettiva Circo" project which was included in the shortlist of specialization and professional centers for the period 2015-2017 (Decree of 9th July 2015).

The Reale Società Ginnastica di Torino, founded in 1844, which is known for its prestigious sports results, Olympic gold medals, international titles and 100 Italian absolute titles in different specialties. One of the most important awards of excellence which was awarded in October 2006 by the Ministry is the Golden Collar sporting merit. The excellence of this reality at a competitive level, in all its historical evolution over time, has produced an environment specifically aimed at the achievement of high quality education in all its aspects.

FLIC Circus School believes in the central role of the student in the training approach. It promotes quality, innovation, research, experimentation with new techniques and styles, locally and internationally cultural exchange, the diffusion of contemporary languages. Until today, the school has trained more than 380 students for the professional course, coming from all over the world (Italy, Brazil, Peru, United States, Australia, Mauritius, Kenya, Costa Rica, Chile, Argentina, China, Switzerland, England, Austria, France, Spain, Ireland, Poland, Mexico, Canada, Scotland, India, Turkey, Sweden, Finland, Norway, Israel, Colombia, Ecuador), many of whom were allowed to High Circus Schools, including the most important ESAC - École Supérieure des Arts du Cirque (BE), Académie Fratellini (FR), Fontys Academy for Circus and Performance Art- ACaPA (NL), École nationale de cirque - ENC (Canada), École de cirque de Quebec (Canada) and other professional circus school such as: Le Lido - Centre des Arts du Cirque (FR), Le Centre national des arts du cirque - Cnac (FR) e Dans och Cirkushögskolan/Stockholms konstnärliga högskola - DOCH (SE).

**Professionally more than 90% of young people trained still continue to work in the context of contemporary circus. Many alumni are working with big companies such as: Compañie du Hanneton directed by James Thierre, Rasposo company, MPTA company, No Fit State company, Gandini, Cirque du Soleil, Company XY. Others have founded independent companies of international importance such as: Collettivo 320Chili, Circoncentrique Company, MagdaClan, CircoPuntino, The RuspaRocket, Betticombo, Rasoterra, Cie Bonsai, Yaga D'Oyá collective, Zenhir Company, Madame Rebinè, cie La Burrasca, cie Courant d' Cirque, Laden Classe, just to name a few.**

## LOCATION

### THE REALE SOCIETÀ GINNASTICA DI TORINO

From 2002 the center of FLIC Circus School is situated inside of the Reale Società Ginnastica di Torino, which is the first Italian sporting association founded in 1844. The building was built in 1851 in a project by the engineer Domenico Regis, and has great historical and architectural value. According to research carried out by the Polytechnic of Turin, it is the only building in Italy to have the greatest number and largest surface area of rooms and gyms together in one location. The students have 2,500 mq available to them, divided into 9 training rooms, a meeting room, presidency room, a library, a lunch room and cafe.

### SPAZIO FLIC

Spazio FLIC was born in 2015, an open space of 700mq, equipped with all the necessary equipment to train in various circus disciplines, it has changing rooms and showers. The aim is to host part of the lessons of the professional course, to encourage exchange among students, alumni, professional artists and teachers by promoting the sharing of technical and artistic knowledge. Moreover the space becomes a place to host creation and artistic residences, school productions, previews, work in progress and shows by external companies. Since July 2016, indeed the school has transformed the space adapting it to the needs as a public theatre, installing appropriate technical and lightning equipment. It is situated in via Niccolò Paganini 0/200, inside of an area which also hosts the cultural project Bunker in a suburb of the city which is part of an overall urban re-generation project.

## PROFESSIONAL TRAINING PROGRAMME DETAILS

By dedicating sixteen years of work and passion to our circus training programme, we continue to achieve considerable results, by uniting our artistic, athletic, pedagogical, social and recreational know-how. The main objective of FLIC continues to be the student and his training, all the planning revolves around the multiple possibilities and methodologies of teaching, learning, satisfaction and growth that concern him. FLIC continues to enlarge and improve on the direction taken in 2002, by offering an ever larger programme of professional artistic training inherent to contemporary circus arts.

The learning process is based on a consolidated plan, developed in daily lessons **with mandatory attendance** from Monday until Friday.

### Training programmes for the academic year 2018/2019:

- **Mise à Niveau** (preparatory year): October – June
- **Two-years course 2018/2020**: 1st year: October – June  
2nd year: September – June
- **Third Year of Artistic and Individual Research**: October – June.

### Class schedule:

The number of hours is equivalent to 1400>1500 a year.

**Practical subjects:** Monday / Friday 8.45 a.m. – 4.45 p.m.

**Free training:** Monday/Friday 5.00 p.m. – 8.00 p.m. (at the Spazio Flic)

**Theory subjects:** changeable yearly according to the schedule of classes and workshops.

The schedules may change during the year.

### Presentations and shows:

- "Circo in Pillole-prova d'artista": collective study on the stage (monthly presentations - from November to March - in front of an audience)
- End of the year shows for Mise à Niveau, 1<sup>st</sup> year, 2<sup>nd</sup> year, 3<sup>rd</sup> year, and presentations of personal projects for 2<sup>nd</sup> and 3<sup>rd</sup> year.

## PROFESSIONAL TRAINING PROGRAMME

*"We are looking for a new circus that feeds off the strength of the tradition, of the madness of the contemporary age and the sensitivity of each of our students. For fourteen years, FLIC Circus School, a center for vocational training of young circus artists, has pursued an education programme that combines the values of athletic training with the constant research of innovation at a pedagogical, artistic and technical level. FLIC Circus School stands as a reference point for the development of a personal identity for contemporary circus. For this, the school is constantly at the disposal of its students who try to imagine and develop their potential and ambitions with respect to individual and collective work."*

**Francesco Sgrò**, artistic director

The training programme developed by FLIC, aims to provide the student with solid training in the fundamental subjects of contemporary circus: physical preparation, acrobatics, dance and circus actor.

At the same time the student chooses and develops a circus discipline both from the technical point of view and within the artistic research according with the new contemporary languages.

**To access one of the three training programme, it is necessary to pass the auditions** (for the academic year 2018/2019 audition, it will take place on 10<sup>th</sup> - 11<sup>th</sup> - 12<sup>th</sup> and 13<sup>th</sup> of July 2018).

### Preparatory year – MISE À NIVEAU

The aim of the Mise a Niveau programme is to provide solid basic artistic technique in order to prepare students to begin their educational path in contemporary circus. Compared to the two years course is more focused general and specific physical preparation on the circus tools, giving such importance to the job that is at the base of sensibility of stage movement, in order to provide all of the necessary tools to begin the educational path of a specialised professional training programme.

### Two Years Course (1st and 2nd year)

**1<sup>st</sup> year** The training programme of the first year provides for: improvement of the general and specific physical preparation, a proper training of the acrobatics bases, classical and contemporary dance and circus actor lessons; work on the stage collective starting from choral creation movements with the help of teachers and directors, choice of circus discipline which will be developed during the 2<sup>nd</sup> year.

**2<sup>nd</sup> year** The student begins the artistic research with his/her own circus tool, which is metaphorically defined as "the search of his/her own home". Each student is led to find his/her own way of using, living and feeling the circus tool.

Furthermore they will face the creation and representation process, tracing the bases of the personal project. In parallel it continues the study and the follow - up of the physical preparation, acrobatic, dance and circus actor.

### Third Year

The training programme foresees an in-depth study of the chosen circus discipline, enriched by lessons of physical preparation, acrobatics, dance and circus actor. The final goal is the individual artistic research and the creation of a personal project, offering the chance to work with teachers who can make to grow the artistic level of each student.

## **TRAINING WORKSHOPS**

The educational program also provides, during the entire training program, the participation of students in intensive workshops on various subjects, lasting a week, taught by artists and teachers coming from a national and international art scene which allow students to become familiar both with a variety of artistic trends and different teaching methods, ensuring an high and constant quality training. The student is placed in a context in which knowledge and multicultural experience are generated, where exchanges between teachers and trainers are among the primary aims of the educational program.

### **Workshops realized during the academic year 2017-18:**

- Acro portes and Hand to hand: Fabrice Berthet (France); cie Amer y Africa (Spain);
- Handstand: Pascal Angelier (France)
- Aerial Technique: Roman Fedin (Russia)
- Aerial Dance: Elodie Donaque (France)
- Juggling: Marianna De Sanctis (Italy), Florent Lestage (France)
- Contemporary Dance: Piergiorgio Milano (Italy), Ben Fury (Marocco)
- Cyr wheel : Stefan Kinsman (Svizzera/Costa Rica)
- Contortion: Alice Rende (Brasil);
- Chinese Pole: Rafael Da Paula (Brasil);
- Circus actor: Roberto Magro (Italy), Florance Bergall (France), François Juliot (France), Marianna De Sanctis (Italy), Jean Michel Guy (France)

### **TEACHERS and SUBJECTS (academic year 2017-18):**

- Physical preparation: Matteo Lo Prete, Natalia Rosato, Dario Sant'Unione, Giulia Fiore, Romain Dauba
- Handstand: Luca Forte, Dario Sant'Unione
- German wheel: Dario Sant'Unione
- Acrobatics: Matteo Lo Prete, Dario Sant'Unione, Giulia Fiore
- Trampoline: Veronica Arato
- Bascula: Veronica Arato
- Aerial disciplines: Elena Timpanaro, Stevie Boyd, Eva Lunardi, Romain Dauba, Natalia Rosato
- Swinging trapeze and rope: Matteo Lo Prete
- Chinese pole: Riccardo Massidda
- Hand to hand: Marco Palella, Luca Forte
- Acrodance: Fabio Nicolini
- Cyr wheel: Francesco Sgrò
- Juggling: Giulio Lanzafame
- Balance: Dario Sant'Unione
- Classical dance: Natalia Rosato
- Contemporary dance: Francesco Sgrò, Erika Bettin (Italy), Teresa Noroha Feio (Portugal);
- Stretching and Flexibility: Elena Bordino
- Circus actor: Roberto Magro, Francesco Sgrò
- Physical theater: Francesco Giorda, Stevie Boyd e Riccardo Massidda

## ADVANCED TRAINING

Inside the school, an Advanced Training project is promoted, in which Italian and international professional artists are invited, hosted to train within the structure of the Royal Gymnastics Society. In this direction the school wishes to promote firstly the research of new contemporary languages, characterized by permeability between different artistic genres, experimentation and innovation. At the same time to welcome authors of recognized artistic value allowing for the growth of the students, through the informal exchange of knowledge and the constant artistic comparison, the synergistic exchange of skills and knowledge, the improvement of stage presence and body awareness, experimentation and training innovation and contemporary artistic languages research, processing and planning of new circus acts, their implementation inside and outside of the school, a continuous quality improvement and the establishment of new dynamic artistic collaborations.

## APPLICANTS FOR AUDITION 2018

Those who may access the audition for selection for the Contemporary Circus Artist Training Programme all young people within the following age range:

- 16 - 22 years (possible exceptions at the discretion of the didactic team) for the preparatory year "Mise à Niveau".
- 16 - 24 years (possible exceptions at the discretion of the didactic team) for the two-year course, candidates must show physical training and ability and expressive potential in dance and acrobatics;
- 25 - 30 years (possible exceptions at the discretion of the didactic team) for the Third year it is necessary to have the bases of dance and acrobatics to a good level, good technique in a circus discipline and a brief description of his/her own artistic project.

**SELECTIONS WILL TAKE PLACE BY  
DAY AUDITION: 10<sup>th</sup> -11<sup>th</sup> - 12<sup>th</sup> - 13<sup>th</sup> JULY 2018**

**To be admitted to audition, it's necessary to complete this form and send it by  
5<sup>th</sup> JULY 2018 with the documents listed below:**

## COSTS

The FLIC programme of Contemporary Circus Artist has the following annual fees:

- Mise à Niveau: € 3000,00 (divided into two installments of 1.500,00 € each)
- 1st year € 3.000,00 (divided into two installments of 1.500,00 € each)
- 2nd year € 3.000,00 (divided into two installments of 1.500,00 € each)
- 3rd year € 3.000,00 (divided into two installments of 1.500,00 € each)

## Payments:

For those who have passed the auditions for the year 2017/2018:

- the first installment has to be paid 15 days after the confirmation of admission **by the 28<sup>th</sup> July 2018;**
- the second installment **by the 7<sup>th</sup> January 2019.**